# JSS Inspection Sheet (REVISED 4/20)

Regatta:		Date:	Boat #
1 to 1 ratio to the engine. No way clutch is a	the engine. The transmission m o Vee or angle drives, steerable allowed.	nust be forward, neut outdrives, steerable	tted, as long as the propeller shaft remains at a ral, and reverse type and must be attached to propellers or hydrofoils are permitted. A one
	mission (yes/no)? (must be 1:1)		
	<b>h</b> : (Min: 16')		
	n: (Min: 6')		
	n inside hull: (Min: 24")		
•	· /		oat excluding any cav. plate adjustment)
	ht: (Min:1650 lbs. w/o driver & r		
-	m profile: (0.25 concave, 0.625		
	pe exhaust manifold?		
	Ist manifold runners less than 4		
	'ype		
0		(0.715-0.765 @6	0°F)
0			
• Carbu	<b>retor</b> (Maximum 1.75" Throttle	Bores)	
Distributo	\ <u>_</u>		
	ngle point or single electronic a	allowed:	
	e Manifold – Edelbrock Torker I		
0	Cooling bleed lines allowed.		
0	Must remain as original finish	ו (no paint or anodiziו	ng)
0	Any evidence of sanding, poli	shing, relieving, grind	ling, porting, chemical treating, abrasive
	blasting, ceramic work, additi	ion of material or any	valteration and modification of the original
	form is prohibited.		
0			.75 inches maximum at the cylinder head
	gasket face and .925 inches b	y 2.500 inches maxin	num adjacent to the plenum area.

- Gasket face dimensions: \_\_\_\_\_by \_\_\_\_\_
- Adjacent to the plenum area: \_\_\_\_\_by \_\_\_\_\_
- 3" maximum carburetor wedge including all gaskets and throttle attachment hardware.
- Wedge measurement: \_\_\_\_\_
- Cool cans or any devices to cool fuel are strictly prohibited.

- Block:
  - $\circ$  Stock cast iron production GM V-8 style
  - 283 Bore: Max. 3.945" Measurement:
  - 305 Bore: Max. 3.771" Measurement:
  - Deck height 0.038" Min. including gasket:
- Cam and lifters: Stock or Stock replacement. Hydraulic or solid lifters allowed.
- Stock or Roller timing chain only \_\_\_\_\_\_
- Cam Profile
  - Adjust the valve to zero lash and set t dial indicator to zero. Set the degree wheel to zero degrees, rotate the cam in normal direction of rotation to 0.050 inches valve lift. Set the degree to 17 degrees. Repeat for each 0.050 of increasing and decreasing valve lift as shown in the table. At the point of maximum lift, note the angular width of the flat area. Repeat with the exhaust valve. Compare recorded data with the table data.

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Valve Lift	Intake degrees	Actual degrees	Valve Lift	Exhaust degrees	Actual degrees
0.050	0		0.050	0	
0.100	7		0.100	8	
0.200	18		0.200	19	
0.300	31		0.300	32	
0.400	61		0.400	62	
0.300	88		0.300	92	
0.200	101		0.200	105	
0.100	112		0.100	116	
0.050	118		0.050	122	

• 283 table

\*Max Intake lift: 0.396, Measured:\_\_\_\_\_

\*Max Exhaust lift: 0.400, Measured:

#### • 305 Table

Valve Lift	Intake degrees	Actual degrees	Valve Lift	Exhaust degrees	Actual degrees
0.050	0		0.050	0	
0.100	6		0.100	6	
0.200	19		0.200	18	
0.300	34		0.300	33	
0.400	63		0.400	60	
0.300	90		0.300	88	
0.200	105		0.200	102	
0.100	118		0.100	115	
0.050	126		0.050	123	

\*Max Intake lift: 0.394, Measured:\_\_\_\_\_

\*Max Exhaust lift: 0.400, Measured:\_\_\_\_\_

\*Lobe spacing: 110 degrees: Measured:\_\_\_\_\_

To check lobe spacing open exhaust valve to .250 thousandth lift. Set degree wheel to zero. Open intake valve to .250 thousandths lift. The degree wheel should read 116 degrees or 232 crankshaft degrees.

### • Pistons

- Top of piston to first ring min. 0.245":\_\_\_\_\_
- Can be machined to a 0.020" deck height:\_\_\_\_\_\_
- In addition to stock, JE #174004with pin# 9272850 may be used in 305ci, with 4 valve reliefs.
- In addition to stock, Venolia #2810 & Diamind #APBA283, with 4 valve reliefs, along with Keith Black Hypereutectic #KB165, with 2 valve reliefs, may be used in the 283ci.

### • Head:

- Minimum combustion chamber volume, 60cc:\_\_\_\_\_\_
- No porting or polishing
- Head gaskets are mandatory

## • Crankshaft (must be a GM part)

- 283 Stroke: 3.00" \_\_\_\_\_
- 305 Stroke: 3.48"
- No Knife edging allowed, must be "as cast or forged"

# $\circ$ Rods (Stock forged steel)

- Shot peening, flash removal, and polishing permitted
- In addition to stock, Manley #141112A-8, Scat Pro Stock #2-ICR5711-2000P and Eagle SIR #SIR5700SPLW may be used with no changes or alterations. This includes balancing.
- Maximum length 5.70"±0.010":\_\_\_\_\_
- Valves:
  - Intake: Max. 1.720"\_\_\_\_\_
  - Exhaust: Max. 1.500"\_\_\_\_\_

## • Lifters & Misc:

- Stock sized push rods only 0.3125":\_\_\_\_\_
- Rocker arms ratio 1.5 only:\_\_\_\_\_\_
- No shaft rockers, stud girdles allowed

#### NOTES:

• Check all parts for any grinding, polishing and any other alterations from the furnished stock configuration.

Chief Inspector	APBA #
Inspector	APBA #
Referee	APBA#
Inboard Commissioner	APBA#
Boat Owner's signature	APBA#